

# ***The Ladins in the Dolomites Mountains***



## **Geographic Area**

The Ladins inhabit the five valleys of Badia, Gherdëina, Fascia, Fodom and Anpezo in the Dolomites Mountains in Northern Italy.

Their territory belongs to the provinces of Bulsan (it.Bolzano), Trënt (it.Trento) and Belum (it.Belluno).

The whole area is very mountainous, all towns are above 1000 meters over sea level.

The most important centres are: Cortina (appr.7000 inhabitants), Urtijëi (about 4500 inhabitants) and Moena (appr. 2500 inhabitants).

The highest peaks of the Ladin Dolomites are: Marmoleda (3342 m), Antelao (3263 m), Tofana (3244 m).

The valleys are connected through high mountain-passes: Sela (2240 m), Pordoi (2242 m), Frea (2137 m), Ciaulunch (1875 m), Falzarego (2105 m).